That man over there say that awoman needs to be helped into carriages, and lifted over ditches, and to have the best place everywhere. Nobody ever helped me into carriages, or over mud puddles, or gives me a best place ... And ain't I a women? Look at me. Look at my arm! I have plowed and planted and gathered into barns, and no man could head me ... And ain't I a women? I could as much and eat as much as a man when I could get it, and bear the lash as well... And ain't I a woman? I have borned thirteen children and seen them most all sold off into slavery. And when I cried out with a mother's grief, none but Jesus heard... And ain't I a woman?"

Sojurner Truth: Speech before the Woman's Rights Convention at Akron, Ohio in 1851.